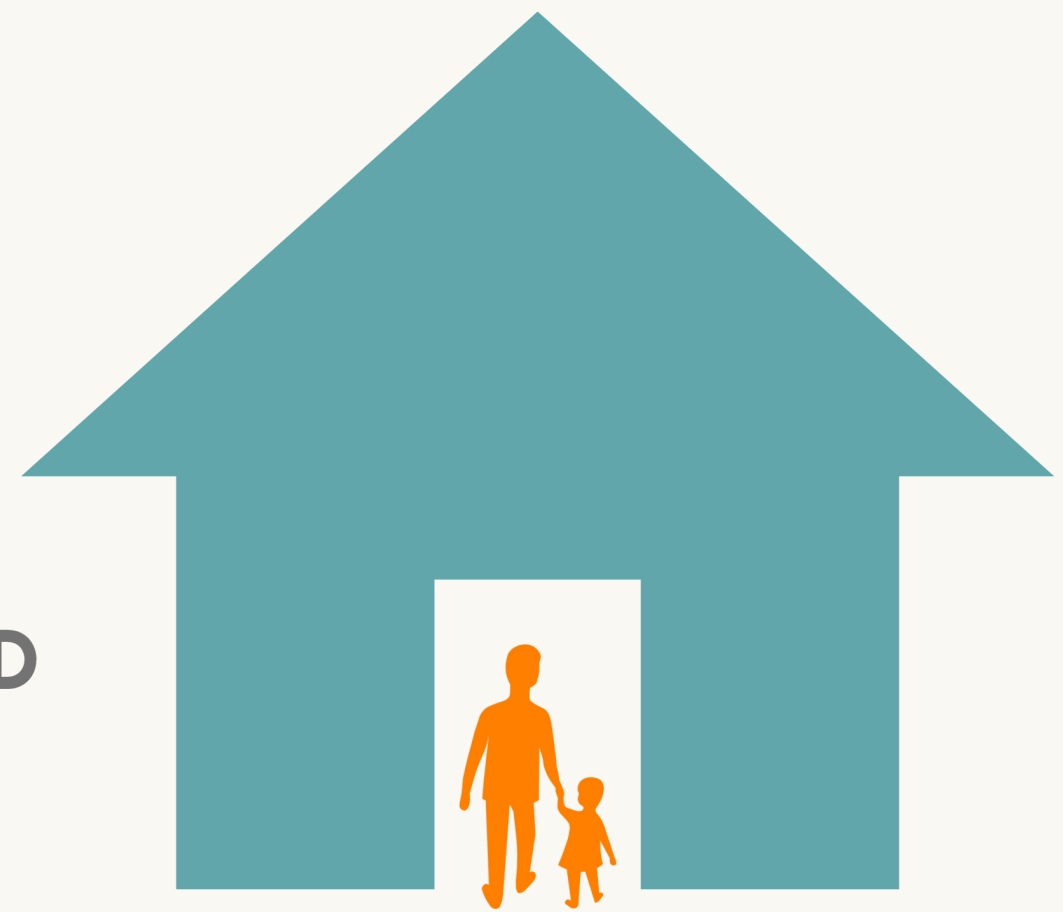


Kids Haven

**PLAY THERAPY SUPPORT FOR FAMILIES IMPACTED
BY CANCER OR LONG TERM ILLNESS
IN PARTNERSHIP WITH WESTERHAVEN & WITHKIDS**



WHAT IS PLAY THERAPY?

PLAY THERAPY SUPPORTS CHILDREN AGED 5-12 YEARS, WHO ARE EXPERIENCING ADVERSITY IN THEIR LIVES. THROUGH PLAY, CHILDREN CAN EXPLORE AND PROCESS DIFFICULT FEELINGS AND EXPERIENCES, ENABLING THEM TO DEVELOP BETTER COPING SKILLS, BUILD SELF-ESTEEM AND HELP MAKE SENSE OF THEIR WORLD.

WHAT WILL HAPPEN?

THERAPY TAKES PLACE WEEKLY, IN A SAFE AND CONFIDENTIAL SPACE AT THE WESTER HAILES HEALTHY LIVING CENTRE. PARENT/CARERS ARE PARTNERS IN THE PROCESS AND THE THERAPIST WILL REGULARLY OFFER FEEDBACK. FAMILY CAN ALSO RECEIVE SUPPORT FROM WESTERHAVEN ALONGSIDE THE PLAY THERAPY.

HOW TO REFER TO KIDSHAVEN FOR PLAY THERAPY

WITH KIDS ARE A CHILDREN'S MENTAL HEALTH CHARITY BASED IN THE WESTER HAILES HEALTHY LIVING CENTRE.

TO REFER TO OUR SERVICE CONTACT EITHER WITH KIDS OR WESTERHAVEN ON 0131 453 9400 OR EMAIL ENQUIRIESWESTERHAVEN@THEHEALTHAGENCY.ORG.UK OR L.BYWATER@WITHKIDS.ORG.UK

VISIT US ON | WWW.WITHKIDS.ORG.UK | WWW.TWITTER.COM/WITHKIDSSCOT | WWW.FACEBOOK.COM/WITHKIDS



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